

DESH BHAKTI ACTIVITY REPORT

CLASSES PRE-VIII

MONTH- APRIL

देश से बड़ा कोई दूजा धर्म नहीं है, देश भक्ति से बड़ा दूजा कोई कर्म नहीं है.

Description of the Activity:

Mindfulness Activity- The mindfulness activity incorporates breathing exercise where students focused on their breathing. It increases the power of attentiveness. Students were also asked to think of any two freedom fighters and be thankful to them for their sacrifices because of which we are living a peaceful life today.

Students were asked to take a pledge that they feel happy to be a deshbhakt

ii) Students prepared cover page of deshbhakti diary. They made whatever they love about their country.

Learning Objectives:

- ❖ Students will try to attain mental piece with the help of meditation practice.
- ❖ They will be able to learn more about the 'deshbhakti'.
- ❖ Students will be able to think about such people or the freedom fighters to sacrificed their life for the betterment of our country.

Learning Outcomes:

- Through this activity the students were inspired to think about patriotism. They themselves could determine that patriotism is paramount for us.
- At the end of the session students understood the importance of meditation.
- Students thanked those who lived a life for nation and took a pledge that they will be always a true patriotic who respects and love the nation.

Glimpses of the activity done in the class:





CLASS-IIA
DESH BHARTI
ACTIVITY
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Mindfulness Activity  
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